

Wednesday 17<sup>th</sup>, 09.00–10.00

**Kathy Wiseman, BA, MBA**  
**Workplace Challenges with  
Bowen Theory in Mind**



At a quick glance, there are 10,000 team-building programs and over 5,000 leadership courses available today in the U.S. alone. What could Bowen Theory possibly add to what is already taught and practiced?

Does the concept of team effectiveness and leadership development, for example, change with the knowledge of differentiation of self? If so, what makes it so difficult to consult to an organization and its leaders when the focus is most often on the other and principally on “improving the other?”

This session will consider the role that differentiation might play in team building and leadership development, and how understanding anxiety in self and a group over time can improve a team’s ability to think creatively and manage the fall out of change.

**3rd International Conference on Bowen Family Systems Theory**

Sörbyn, Swedish Lapland, Sweden June 15-17 2020.  
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