

Tuesday 16th, 10.00 – 11.00.

Ms. Victoria Harrison
**Recognizing and Managing
Anxiety Reactions to Climate
Crises**



Bowen theory defines anxiety to include automatic physiological and neural reactions that play out in relationships, producing for some an inability to see and take responsibility for one's impact on others. Conflict, distance, symptoms, projection of problems to future generations, and the reciprocity functioning are present in reactions climate changes. This presentation will briefly describe examples of anxious reactions occurring for individuals and in social institutions and illustrate what Bowen theory contributes toward efforts to take responsibility for self.

3rd International Conference on Bowen Family Systems Theory

Sörbyn, Swedish Lapland, Sweden June 15-17 2020.
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