

Tuesday 16th, 11.45 - 12.15.

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**Distance and Triangles in the
family and the clinical setting:
What does the coach see?**



This presentation will focus on the importance of a coach knowing how emotional distance and triangles operate in the family of the clinician. The capacity to observe this data and make efforts toward Differentiation of Self, have an impact on the functioning of the coach in the clinical setting.

Same Bowen Theory will be covered. However, the primary focus will be on relationship challenges and how theory assists in the formulation of a plan to manage self in the emotional field. Descriptions of emotional distance and interlocking triangles in the therapist's family and the clinical families will be covered.

Examples will be provided from family relationships and from the clinical setting. Included will be ideas about the stance of the clinician: managing self, maintaining curiosity and resisting pressure for quick solutions.

3rd International Conference on Bowen Family Systems Theory