

# CURRICULUM VITAE

## CHIU RENEE

### CORRESPONDENCE

Address: AAB 1009, Academic and Administration Building, Hong Kong Baptist University, Kowloon Tong

Email: [reenechiu@hkbu.edu.hk](mailto:reenechiu@hkbu.edu.hk)

Tel: 3411 6418

### ACADEMIC INTEREST

Marital and Family Counseling

Bowen Theory

Attachment and Parenting

Romantic Intimacy

Life and Career Development

Social Work and Field Education

### EDUCATION BACKGROUND

- |             |  |
|-------------|--|
| 2013 - 2019 | Hong Kong Baptist University (HKBU)<br><b>Doctor of Philosophy</b>   |
| 2006 - 2008 | The Chinese University of Hong Kong (CUHK)<br><b>Master of Arts in Family Counseling and Family Education</b>  |
| 2002 - 2005 | Hong Kong Baptist University (HKBU)<br><b>Bachelor of Social Science in Social Work (Honors) (First Class)</b> |

### PROFESSIONAL QUALIFICATIONS

- |         |  |
|---------|--|
| 06/2017 | The Chinese University of Hong Kong (CUSCS) & Centre for Credentialing and Education (CCE), USA<br><b>Certified Trainer of Global Career Development Facilitator</b> |
| 11/2016 | The Chinese University of Hong Kong (CUSCS) & Centre for Credentialing and Education (CCE), USA<br><b>Certified Global Career Development Facilitator</b>            |
| 07/2016 | The EMDR Association of Hong Kong<br><b>Eye Movement Desensitization and Reprocessing (EMDR) Practitioner</b>  |
| 11/2008 | Life & Marriage Enrichment Ltd<br><b>Qualified PREPARE/ENRICH Counselor</b>  |
| 06/2005 | Hong Kong Social Workers Registration Board<br><b>Registered Social Worker</b>   |

**TEACHING AND  
RESEARCH  
EXPERIENCES**

- 01/2019 - present Hong Kong Baptist University (HKBU)  
**Lecturer**  
Teaching the following courses:
- SOWK3038 Theory and Practice in Social Work: Group
  - SOWK7510 Cognitive-behavioral Therapy
  - Growth Group
- 09/2018 -12/2018 Hong Kong Baptist University (HKBU)  
**Part-time Lecturer**  
Teaching the following courses:
- SOWK7620 Human Development & Cultural Differences
  - SOWK3038 Theory and Practice in Social Work: Group
  - SOWK1017/ GDAR1876 Psychology of Positive Living
- 09/2018 - present Hong Kong Baptist University (HKBU)  
**Honors Project Supervisor**
- Provide supervision and coaching to students of Bachelor of Social Work (Hons) for the completion of their honors projects.
- 11/2018 - present Hong Kong Baptist University (HKBU)  
**Fieldwork Supervisor**
- Provide fieldwork supervision and coaching to students of Master of Social Sciences in Counseling and Master of Social Sciences in Social Work, key duties include:
  - Monitoring students' progress in fieldwork
  - Cultivating students' personal and professional development
  - Liaison with fieldwork agencies
- 01/2013 – 6/2016 Hong Kong Baptist University (HKBU)  
**Research Assistant**
- Assisted in a research project titled “Adolescent or Adult? The Challenges of Emerging Adulthood in Contemporary Hong Kong” funded by the General Research Fund of Research Grants Council (GRF-247912), key duties include:
  - Conducted literature reviews;
  - Collected and analyzed both quantitative and qualitative data;
  - Presented at conferences;
  - Prepared materials for submission to Research Grants Council.

**PROFESSIONAL  
WORKING  
EXPERIENCES**

- 06/2011 - 1/2013 Hong Kong Family Welfare Society  
**Senior Counselor (Subsidiary Service)**
- Sustained the service provision and development of “Employee Assistance Programme” clientele by providing face-to-face and hotline counseling, employee trainings and management consultation;
  - Provided “Value-added Trainings” on areas related to parenting, stress management and marital relationship for corporates, schools and non-governmental organizations;
  - Provided pre-marital counseling.
- 01/2011 - 12/2012 Hong Kong Family Welfare Society  
**Project Leader**  
“Colourful World -- Project to Enhance Multi-cultural Integration” funded by HSBC
- Overseen the project which was carried out in three representative centers located in North Point, Tseung Kwan O and Kwai Fong;
  - Coordinated the “Family Award Scheme” to extend the coverage of project to other districts in Hong Kong and to enhance the motivation of ethnic minorities (EM) in social participation;
  - Liaised with funder and district network;
  - Supervised the EM community workers.
- 01/2011 - 06/2011 Hong Kong Family Welfare Society  
**Social Work Consultant (China Project)**
- Provided trainings and talks for China social service centers on counseling skills and marital counseling;
  - Provided consultation for managerial officers on service planning and development;
  - Conducted service orientation for social workers of China social service agencies.
- 01/2010 - 12/2010 ‘World Granny’  
A Dutch non-governmental organization in the Netherlands  
**Trainee**
- Assisted in researches related to China pension development;
  - Assisted in funding proposal writing for ‘poverty reduction’ for Lao.

- 09/2006 - 12/2009 Hong Kong Family Welfare Society  
**Social Worker (Family Service)**
- Rendered counseling for different clienteles, specifically worked with couples in conflict, parent-child relationship and individuals with mental health problems;
  - Provided intensive counseling and crisis intervention to adults with emotional disturbance and suicidal ideation;
  - Conducted therapeutic and developmental groups for emotionally-disturbed adults;
  - Appointed as convener of 'special clienteles working group' for the development of elderly and new arrival services.
- 06/2005 - 08/2006 Hong Kong Family Welfare Society  
**Social Worker (Integrated Community Care Service)**
- Provided counseling to elderly, people with disabilities and caregivers;
  - Provided supervision and training for welfare workers and home helpers.

---

**TRAINING  
EXPERIENCES**

- 2019 Correctional Services Department  
**Training Workshop in "Practical Skills on Leading Group and Interactive Activities"**
- 2018 Social Welfare Department  
**Integrated Training Course on Childhood and Adolescent Disorders**
- 2016 - 2017 International Social Service – Hong Kong Branch, Family Institute  
**Talk on Partnering with Domestic Maids in Parenting**
- 2015 - 2016 Hong Kong Family Welfare Society  
**Training on Positive Cognitive Behavioral Therapy**  
 Kowloon Tong School (Secondary Section)  
**Training on Positive Parenting**  
 New World Development Company Limited  
**Training on Positive Parenting**
- 2014 - 2015 Hong Kong Jockey Club  
**Talk on Parenting**
- 2012 – 2013 Queen College, Ying Wa Girls' School  
 The Prince Philip Dental Hospital  
 Mizuho Bank Ltd  
 Hong Kong Blue Cross (Asia-Pacific) Insurance Limited  
**Stress Management Training**  
 CHEUNG CHUK SHAN COLLEGE  
 Po On Commercial Association Wong Siu Ching Secondary School  
**Team Building for Teachers' Development Day**
- 2009 Hong Kong Family Welfare Society  
**I Have a Date with My Inner Child Personal Growth Group**

<b>PARTICIPATION IN CONFERENCES</b>	2018	<b>Invited Presenter</b> , The Influence of Parental Emotional Attachment on Fear of Romantic Intimacy during Emerging Adulthood through the Lens of Differentiation of Self, at the 2 <sup>nd</sup> International Conference of Bowen Family Systems Theory, organized by ISS-HK Family Institute & the Department of Applied Social Sciences, POLYU
	2018	<b>Invited Presenter</b> , The Challenges of Doing Research Guided by Bowen Theory, at the 2 <sup>nd</sup> International Conference of Bowen Family Systems Theory, organized by ISS-HK Family Institute & the Department of Applied Social Sciences, POLYU
	2017	<b>Presenter</b> , Development and Validation of the Parental Emotional Attachment Scale (PEAS), at the 5 <sup>th</sup> Global Social Sciences Graduate Student Conference, organized by the Faculty of Social Sciences, HKBU
	2016	<b>Presenter</b> , Growing Up To Be A Grown Up: The Influence of Parental Emotional Attachment on Differentiation of Self during Emerging Adulthood, at Making Bowen Theory One's Own and First Family System Symposium, organized by ISS-HK Family Institute
	2016	<b>Presenter</b> , Validation of the Chinese Version of Emerging Adulthood Scale in Hong Kong, at Asia Mental Health Conference 2016, organized by Department of Social Work, Faculty of Social Sciences, HKBU
	2016	<b>Presenter</b> , Application of Positive Cognitive Behavioral Therapy in Chinese Society, at Asia Mental Health Conference 2016, organized by Department of Social Work, Faculty of Social Sciences, HKBU
	2015	<b>Presenter</b> , Adolescent or Adult? The Challenges of Emerging Adulthood in Contemporary Hong Kong, at SSEA 2015, the 7th Conference on Emerging Adulthood -- Miami, U.S.A., organized by The Society for the Study of Emerging Adulthood (SSEA)

---

<b>PARTICIPATION IN PROFESSIONAL TRAINING</b>	2018 - Present	ISS-HK Family Institute Continuous Professional Training Programme in Bowen Family Systems Theory and Therapy
	2016 - 2018	ISS-HK Family Institute Two-year Professional Training Programme in Bowen Family Systems Theory and Therapy
	2016	Hong Kong Family Welfare Society Co-parenting Seminar – Pilot Practice of Child-focused Co-parenting Work in Hong Kong

2015	ISS-HK Family Institute Basic Training on Bowen Family Systems Theory
2015	The Mental Health Association of Hong Kong Cognitive Behavioral Therapy for Depression and Anxiety
2014	Department of Social Work, The Chinese University of Hong Kong (CUHK) The Use of Story-telling in Counseling and Conducting Therapeutic Groups
2013	Department of Social Work, The Chinese University of Hong Kong (CUHK) Clinical Supervision Group
2012	The Hong Kong Catholic Marriage Advisory Council Emotion-focused Couple Therapy – Dealing with Anger in Couple Relationships
2012	Department of Social Work, The Chinese University of Hong Kong (CUHK) The Introduction to Logotherapy and Existential Analysis of Viktor E. Frankl
2007	Department of Social Work, The Chinese University of Hong Kong (CUHK) Use of Creative Arts in Social Work & Health Settings: Healing Magic of Creative Arts

---

**ACADEMIC AWARDS**

2015	Best Paper Award, at Annual Postgraduate Research Symposium, organized by the Department of Social Work, The Chinese University of Hong Kong (CUHK) & CUHK-Nankai Joint Research Centre of Social Policy
2014	Dr. Wu Yee Sun Memorial Scholarship
2005	Kowloon Chamber of Commerce Scholarship

---

**MANUSCRIPT UNDER REVIEW**

2018	Validity and Reliability of a Chinese Emerging Adulthood Scale ( <a href="https://mc.manuscriptcentral.com/ead">https://mc.manuscriptcentral.com/ead</a> )
------	--

---

**PUBLICATIONS**

2016	Ng, P, Pan, J.Y., Chiu, R. & Su, S. (2016). Application of positive cognitive behavioral intervention, in D. Yeung & P. Ng (Eds.) <i>Mental health and counselling: Theory and case studies</i> . (pp. 229-253). Hong Kong: Commercial Press (in Chinese).
------	--