

MARGARET OTTO
LSCSW/LCSW

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LICENSES

Licensed Clinical Social Worker (Missouri) 1991
Licensed Specialist Clinical Social Worker (Kansas) 1983

PROFESSIONAL EXPERIENCE

Northland Human Services Center | Kansas City, MO 1988-

Private Practice

- Provide coaching to individuals, couples and families using family systems theory
- Offer treatment for symptoms and corresponding relationship challenges
- Accept referrals from physicians
- Serve as Allied Health Professional for St. Luke's Hospital, Kansas City, MO
- State approved supervisor for clinical licensure in Missouri of master level social workers

KC Center for Family & Organizational Systems | Kansas City, MO 1996-

Co-founder, Volunteer Director, Faculty

- Lead 501c3 nonprofit organization dedicated to the study and extension of Bowen family systems theory
- Instruct and supervise trainees for Postgraduate Education & Training Series, Webcast Series and other programs about family and work systems
- Present at and organize conferences at the regional and national level

Truman Medical Center East | Kansas City, MO 2002-2006

Instructor, Family Resident Training Program

- Provided instruction to Family Residents in how families function
- One of three therapists in the Kansas City area asked to teach

Northeast Kansas Mental Health & Guidance Center | Leavenworth, KS 1986-1988

- Treated a high proportion of children and their families, many of whom had severe symptoms including sexual, domestic, and substance abuse
- Provided clinical supervision for licensure to other clinical staff

Clinicare Family Health Services | Kansas City, KS 1982-1986

Director of Social Services

- Provided staffing, budgeting, program development, federal and state regulation compliance, community representation, and a small clinical caseload
- Supervised and provided fiscal management of Home Health Social Work Department

Barnes Hospital | St. Louis, MO 1985-1986

Social worker, Renal Unit

- Responsible for renal patients, their families and the services needed by them

RECENT PRESENTATIONS

Otto, Margaret. (2018, November). *Chronic Anxiety and Theories of Emotion*. Paper presented at the Bowen Theory Academy Conference, Kansas City, MO.

Otto, Margaret. (2016, January). *New Thinking about the Stress Response & Its Measurement*. Paper presented at the KC Center for Family Systems - Heartland Conference, Kansas City, MO.

Otto, Margaret. (2015, February). *Remission of autism through a mother's efforts*. Paper and clinical video presented at the KC Center for Family Systems - Heartland Conference, Kansas City, MO.

Otto, Margaret. (2014, March). *Variation Within the Families of Unwed Mothers*. Paper presented at the KC Center for Family Systems - Heartland Conference, Kansas City, MO.

Otto, Margaret. (2013, March). *Fusion, Reactivity & Isolation: A Clinical & Societal Example*. Paper presented at the KC Center for Family Systems - Heartland Conference, Kansas City, MO.

Otto, Margaret. (2011, April). *Variation in Symptom Remission Examined through Clinical Applications of Bowen Theory*. Paper presented at the Bowen Center for the Study of the Family Spring Conference - Scientific Foundations of the Unidisease Concept, Washington DC.

Otto, Margaret. (2011, April). *Self, Social Work & Families*. Keynote paper presented at the Annual Symposium of the NASW-Iowa Chapter, Des Moines, IA.

RESEARCH

Family History Database Project (FHDP)

2007-

Collect and archive multigenerational family histories in a computerized database for use by qualified researchers. The purpose of the project is (1) to make the Database accessible to all qualified researchers (2) to demonstrate how multi-generational emotional process in families affects individual functioning, and (3) through research using the Database to help people better understand the multigenerational family influences on individual functioning.

GRANTS

Healthy Marriage Demonstration Grant (subcontract)

2006-2011

Office of Planning, Research & Evaluation, Administration for Children and Families (ACF), US Department of Health & Human Services

Served Low-Income Unwed Expectant or New Parents and provided them with assessment & evaluation, marriage education, & family support services. Impact of the targeted approach on measures such as relationship stability and quality, and child well-being measures.

PROFESSIONAL AFFILIATIONS

Bowen Theory Academy | Islesboro, ME
Board Member

2011-

National Association of Social Workers
Member, Missouri Chapter

1978-

PROFESSIONAL TRAINING

Bowen Center for the Study of the Family | Washington, DC 1992-1994
Postgraduate Seminar - Michael Kerr, MD (Supervisor)

Bowen Center for the Study of the Family | Washington, DC 1989-1992
Special Postgraduate Program

Menninger Foundation | Mission, KS 1986-1988
Family Therapy Training Program

EDUCATION

Washington University | St. Louis, MO 1979
Master of Social Work (MSW)

Bethany College | Bethany, WV 1976
Bachelor of Arts, Sociology