



**Park Bond- Sub Committee Chair**

**April 2006- August 2006**

Negotiated a plan for the usage of a \$6.25 million bond between multiple special interest groups. Acted as a peacekeeper, facilitated meetings, created an environment where discussion was Open, respectful, productive. Bond passed with a 75% citizen approval.

**Provided:** Organization • Leadership • Communications • Negotiations

**Fun Fair- Sub Committee Chair**

**September 2001- April 2005**

Revitalized existing event that brought Issaquah's nonprofit organizations together with local Citizens. Changed venue, developed marketing plan, established strong relationships with local Nonprofits. Non-profit attendance grew 150%, visitor attendance grew 380%

**Provided:** Creativity • Administration • Budgeting • Supervision • Communications

**Head Leader**

**Jamaica Team**

**Teen Mission International**

**June 1999-August 1999**

Spent the summer in Jamaica with 28 teenagers and five other leaders, where we worked on Building a brick church.

**Provided:** Care • Discipline • Guidance • Counseling • Teaching • Leadership

**Director**

**Girl Scout Day Camp**

**January 1997-June 1999**

Reorganized camp so 300 girls could attend. Recruited and trained volunteers, wrote training Manual, developed budget, allocated funds, and acquired equipment

**Provided:** Scheduling • Authorization • Organization • Supervision • Administration

**Director of Rockers**

**Highland Covenant Church**

**August 1994- June 1999**

Developed and led a Wednesday evening program for children Kindergarten through 5<sup>th</sup> grade.

**Provided:** Leadership • Recruitment of volunteers • Teaching • Discipline • Counseling • Integration of English, Hispanic, Russian, and Japanese communities • Administration

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**Independent Trainings**

Executive Dysfunction

Self-Regulation in Children

DBT Basic Training

Working with Suicidal Clients

Crucible Intimacy and Desire Clinical Workshop/

Five day Practicum/ Brain Science in Relationships

Advanced Bowen Training

Divorce Busting

HIV/AIDS

Psychopharmacology

Motivational Interviewing

Play Therapy

Neuroscience for Clinicians

CBT Intensive 3-day Trauma training

Trauma-Focused Cognitive -Behavioral Therapy

TF-CBT Childhood Traumatic Grief

Emotionally Focused Therapy (EFT)

Applying EFT

Systematic Training of Effective Parenting (STEP)

Project Management Certification

Program Evaluator, Basic Certification

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**Education**

Northcentral University, AZ

Feilding Graduate University, CA

Antioch University, WA

North Park University, IL

PhD Marriage and Family Therapy

MA certificate in Organizational Development & Leadership

MA Psychology, Couple, and Family Therapy

BA in Physical Education

Current

2018

2015

1985