

CURRICULUM VITAE

ANN V. NICHOLSON, RN, MS, CS
25 MEDWAY STREET
DORCHESTER, MA 02124

SUMMARY OF QUALIFICATIONS

- Bachelor of Science in Nursing; Master of Science in Adult Psychiatric Nursing with minor in Education; Postgraduate training in Bowen Family Systems Theory and Psychotherapy.
- * Over thirty years of professional experience in positions as Clinical Nurse Specialist, Psychotherapist, Assistant Professor, Clinical Assistant Professor, Clinical Instructor.
- Extensive experience as a Clinical Specialist in Adult Psychiatric Nursing
- Expertise as a Family Therapist with extensive clinical training and experience based on Bowen Family Systems Theory.
- A skilled instructor in psychiatric nursing, and community health in both academic and clinical environments.
- ANCC Certified, Reimbursement Eligible.

CLINICAL EXPERIENCE

PSYCHOTHERAPIST

Private Practice	1981 - Present
Westside Behavioral Health LLC	2002 - Present
Greater Lowell Psychiatric Associates	1987 - 1991
Human Resource Institute	1978 - 1987

- Skilled Clinical Nurse Specialist / Psychotherapist with postgraduate training and clinical experience in private, group and clinic practice settings.
- Extensive experience in Bowen family systems theory and psychotherapy
- Extensive experience working with individuals, couples and families presenting with physical, social and emotional symptoms.

TEACHING EXPERIENCE

Positions:

Assistant professor, Lecturer, Clinical instructor and Adjunct faculty

Massachusetts College of Pharmacy and Health Sciences, Boston, MA	1999 – 2001
Simmons College, Department of Nursing, Boston, MA	1995-1998
Massachusetts Bay Community College, Wellesley, MA	1992-1994
MGH Institute of Health Professions, Boston, MA	1992,1993
University of Massachusetts, College of Nursing, Boston, MA	1982-1991
Boston State College, Dept. of Nursing, Boston, MA	1975-1982
Boston College, Dept. of Nursing, Chestnut Hill, MA	1976-1977
Boston City Hospital, School of Nursing, Boston, MA	1973-1975
Boston University, School of Nursing, Boston, MA	1969-1970

EDUCATION

Master of Science Degree

University of Maryland, School of Nursing, Baltimore, Maryland

Bachelor of Science Degree in Nursing

Boston University, Boston, MA

Continuing Postgraduate Studies and Professional Development

Georgetown University Family Center / Bowen Center for the Study of the Family –
Washington, DC

Special Postgraduate Program in Bowen Family Systems Theory and Psychotherapy
1977-1981

Postgraduate Seminar in Family Systems Theory 1982-1983

Conferences, symposia and supervision/consultation to maintain and expand knowledge
of Bowen Family Systems Theory 1977 – present.

PROFESSIONAL ASSOCIATIONS

New England Seminar on Bowen Theory, Worcester, MA – Founding member and Director

American Nurses Association

Massachusetts Association of Registered Nurses

Sigma Theta Tau – National Honor Society for Nurses, Maryland Chapter

References are available on request.

